

PALM

To Be Done Immediately!

- 1) Check the contents of your registration packet. It should contain your Personal Information Sheet, route map, Milepost booklet, ID button, seat flag, safety pins, patch, and more. **IMPORTANT!** Check your Personal Information Sheet to confirm that all the information is correct, especially meals, bus rides, and emergency contact information. If anything is incorrect, make the **corrections** and take it to the **problem desk** at registration.
- 2) Put your name on your ID button and wear it so everyone can get to know you.
- 3) Turn in your Personal Information Sheet at the t-shirt table to receive your t-shirt and PALM wristband.
- 4) If you are driving your car and/or camper from site to site along the route, get a PALM Vehicle Pass at registration.
- 5) Put your Name and Rider Number on your seat flag and pin it to your bike.
- 6) Check the Information table for optional ride maps to Lake Michigan and information about church services, local restaurants, concessions, etc.
- 7) **ATTEND THE EVENING MEETING.** Typically it is at 7:00 PM. The first meeting is a general orientation meeting, discussing the ride, the route, and what you can expect at the sites for the rest of the week. **BE THERE!**

GROUP BIKING

PALM will go much better if EVERYONE adheres to a few common sense rules:

- Warn other bikers before passing.
- Get bikes off the roadway when stopped.

BE RESPONSIBLE: Obey ALL traffic laws. In particular, STOP at stop signs—don't just yield. Keep to the right; don't bike at night without lights.

BE POLITE: No more than 2 abreast; drop to single file when traffic approaches.

BE PREDICTABLE: Signal all turns, stay in your lane. Say "Stopping" or "Slowing". Bikes don't have brake lights.

BE CAREFUL: Watch out for other bikers. Watch out for gravel, sand and other common hazards. Warn other bikers if you spot a hazard.

BE HELPFUL: Remember this tour is run entirely by VOLUNTEERS who are on vacation too—help out if you see an opportunity. Things will run smoother and you'll have as much fun as we do. Be grateful for SAG DRIVERS, they're volunteers too!

Remember, this is your tour. Get involved, you'll be glad you did.

Above all, ***BE SAFE and HAVE FUN!!***

DAILY ACTIVITIES

First Day:

3:00 – 6:00 PM	Registration
7:00 PM	Ride Orientation Meeting
After the meeting	Bike Education class – Subject: “First long day of riding”
10:00 PM	Quiet hours

Daily: (Times may vary from site to site)

6:30 AM	Quiet hours end and coffee is available
6:30 – 8:30 AM	Breakfast
7:00 – 9:00 AM	Baggage trucks are open for luggage

No camping or parking at the daily site before 12:00 noon

2:00 PM	Baggage trucks are unloaded at the daily site
5:00 – 7:00 PM	Dinner
7:00 PM	Nightly meeting
After the meeting	Bike Education class
10:00 PM	Quiet hours begin

Many sites have entertainment scheduled: check the Information table

Some sites have pools: check the Information table for hours

Last Day:

11:30 AM	Parade starts from the lake
12:00 PM	Box lunch for all riders, whether you ordered meals or not
2:00 PM	Buses leave for Pentwater

At every site:

- There will be an Information table manned by PALM staff to answer all questions about the local site and to handle any problems
- There will be signs pointing you to the showers, gym, and cafeteria
- Bike shops will be available for repairs

Take your time on the road: enjoy the sights; don't arrive too early!

IMPORTANT NOTE: By state law, NO ALCOHOL OR TOBACCO ARE ALLOWED on school grounds